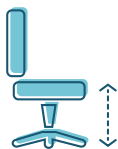


Operating instructions

Ergonomic Task SCT91, SCT121, SCT131

ALL ADJUSTMENTS SHOULD BE MADE WHILST SEATED



Chair Height Adjustment. The overall height of the chair can be adjusted by lifting the front lever located below the middle of the seat on the right-hand side. Lift your weight off the chair allowing it to rise and release the lever at the required height. To lower the chair simply lift this lever, put your weight back onto the seat and release the lever at the required height.

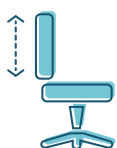


Seat Depth Adjustment. The seat depth can be adjusted by lifting the lever located below the middle of the seat on the left-hand side. Slide the seat forwards or backwards until the required position is achieved and release the lever to lock the seat in place.



Seat & Back Angle Adjustment. The seat angle can be adjusted by lifting the lever located below the back of the seat on the left-hand side. Once the required angle is achieved the seat can be locked by pushing this lever back down.

The back angle of the chair can be adjusted independently of the seat by lifting the lever located below the back of the seat on the right-hand side. Please be aware that there is a safety feature that requires that you to lean gently into the back of the chair before it will release. The back can be locked into any position you choose or left unlocked to follow your movements. The tension of the back recline can be adjusted by turning the knob located under the back of the seat.



Back Height Adjustment. The back height can be adjusted by directly lifting the back up a step at a time until the correct positioning of the lumbar support is achieved. When the back reaches the top of its travel it will then drop back to the start position.



Inflatable Lumbar Support. The inflatable lumbar support can be adjusted by using the hand bulb that hangs under the left-hand side of the seat. Squeeze the bulb to inflate the support and press the button on the bulb to deflate it.



Height Adjustable Arms. The height of each arm can be adjusted by lifting the buttons located under the outer edge of the arm pad and lifting or dropping them to the required height.



Headrest Adjustment. The headrest on SCT131 models can be lifted and rotated to required position.